

The Terrace Café Weekly Menu
March 23-27, 2026



	Monday	Tuesday	Wednesday	Thursday	Friday
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Weekly Specials

*All menu items are subject to change based upon availability.
 The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care.

Express Breakfast



Served Monday to Friday, from 7:00 to 11:00 a.m. See in-store for hot breakfast items prepared daily.

Around The World

Weekly cuisine features from around the world — Mexican, Chinese and more



Andrew's Rotis

Roti with your choice of:

- Chickpea & Potato
- Chicken & Potato (locally sourced chicken from Bradford Bay, Ont.)
- Curried Goat

Served with hot & spicy apple chutney or apple kutchular and Caribbean pepper paw sauce.

Doubles are on the menu too!

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Daily Specials					
<p>Chef's Corner <i>Home-cooked meals such as salmon, roasted chicken, lasagna and pasta dishes served fresh daily.</i></p> 	<p>Jerk Chicken served with rice & peas and baked squash or mango coleslaw</p> <p>Baked Salmon served with rice & peas and baked squash</p> <p>Beef & Veggie Pasta Bake served with garlic bread or salad</p>	<p>Sliced Roast Turkey on a Bun with tomato, bacon, mozzarella cheese and cranberry butter. Served with gravy and coleslaw</p> <p>Paprika Chicken & Lentils served with rice and mixed vegetables</p> <p>Cheese Ravioli with Tomato Basil Sauce served with garlic bread or salad</p>	<p>Steak Pot Pie served with Irish pub salad</p> <p>Baked Haddock served with rice and green beans</p> <p>Butternut Squash, Spinach & Feta Frittata served with green beans or salad</p>	<p>Chicken Parmesan on a Bun served with pasta salad</p> <p>Baked Salmon served with mixed vegetables and rice or pasta salad</p> <p>Three Cheese Baked Pasta served with garlic bread or salad</p>	<p>Garlic Ginger Steak served with baked potato and green beans</p> <p>Penne with Broccoli & Tomatoes served with garlic bread or salad</p> <p>Homemade English Style Beer Battered Fish served with potato wedges and creamy coleslaw</p>

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<p>Soup Kettle</p> 	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>	<p>Chicken Noodle Soup</p> <p>Beef Chili</p> <p>Vegetarian Stew</p> <p>Homemade Soup Special of the Day</p>
<p>The Grill</p> <p><i>Full breakfast bar, grilled paninis, hamburgers, fries, chicken fingers and more</i></p> 	<p>See in-store for menu specials.</p>				

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Daily Specials					
<p>Sandwich Stop <i>Fresh made-to-order sandwich selections.</i></p>  <p>See in-store for daily Gourmet Sandwich specials.</p>	<p>Reuben Sandwich</p> <p>Egg Salad, Guacamole & Tomato</p> <p>Grilled Chicken Breast</p> <p>Daily Gourmet Sandwich Special</p>	<p>Smashed Chickpea & Avocado</p> <p>Tomato, Basil & Goat Cheese</p> <p>Daily Gourmet Sandwich Special</p>	<p>Meatballs Sandwich</p> <p>Brie & Roasted Pepper</p> <p>Daily Gourmet Sandwich Special</p>	<p>Cobb Salad</p> <p>Vegetarian Wrap</p> <p>Daily Gourmet Sandwich Special</p>	<p>Vietnamese Chicken Sandwich</p> <p>Vegetarian Wrap</p> <p>Daily Gourmet Sandwich Special</p>
	Daily Signature Sandwiches				
	<p>Roast Beef, Black Forest Ham, Turkey, Pastrami, Tuna, Egg, Roasted Vegetables, Gourmet Grilled Cheese</p>				
<p>Salad Bowl <i>A variety of fresh salads.</i></p> 	<p>See in-store for menu specials.</p>				

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Terrace Café

The Terrace Café is owned and operated by The Hospital for Sick Children. All proceeds support patient care.

Location: Main Floor, Atrium

Hours: Monday to Friday – 7 a.m. to 7 p.m.
Saturday, Sunday and Holidays – 9 a.m. to 4 p.m.

Phone: 416-813-6754

Food stations

From our chefs, the Terrace Café offers a full range of meals including:

- **The Grill: Full breakfast bar (served between 7 and 11 a.m. daily)**, grilled paninis, hamburgers, fries, chicken fingers and more.
- **The Chef's Corner (Weekdays, 11 a.m. to 7 p.m.; Weekends and Holidays, 11:30 a.m. to 4 p.m.)**: Home-cooked meals such as salmon, roasted chicken, lasagna and other pasta dishes served fresh daily
- **Around The World (Weekdays, 11:30 a.m. to 3 p.m.)**: Weekly cuisine features from around the world, like Mexican, Indian, Chinese and more!
- **Salad Bowl**: Salad bar featuring pre-packaged signature salads and protein boxes
- **Sandwich Spot**: Fresh made-to-order sandwich selections
- **Made in Japan Teriyaki Experience**
- **Terrace Pizza**: Selection of pre-packaged pizza, made in-house daily
- **Soup Kettle**: A variety of fresh soups, which change daily
- Plus, a selection of **baked goods and desserts**

Kids Eat Local! The Terrace Café at SickKids uses [locally sourced ingredients](#) whenever possible.