

# Is volunteering at SickKids in the Adult Volunteer Program a good fit for you?

**Volunteering at SickKids can be a rewarding experience. To determine if a SickKids volunteer opportunity is a good fit for you, take a few minutes to read through the following:**

## Part 1 - Questions to consider:

- Are you hoping to gain clinical experience by practicing skills learned at school?\*
- Are you looking to shadow a healthcare provider or observe medical procedures?
- Are you eager to share your own personal story (healthcare or otherwise) with others?
- Are you hopeful that volunteering will help you heal from losing a loved one?
- Are you curious to learn about patient diagnosis/prognosis?
- Are you interested in working at SickKids and hopeful volunteering will be a direct pathway to employment?

If you answered “yes” to any of these questions, volunteering at SickKids may not meet your goals or expectations as a volunteer.

If you answered “no” to the questions, continue to part 2.

## Part 2 – Statements to consider:

- I have thought about my schedule carefully to make sure that I am able to commit to a weekly three-hour shift over the course of four months
- I am comfortable seeing and interacting with children who are sick or in pain and families in distress
- I am committed to treating my volunteer commitment with a similar seriousness to my school/work/other important obligations
- I enjoy new situations and working independently in a highly variable and dynamic setting
- I am confident in my ability to maintain professional boundaries with patients and families

If you answered “no” to any of these statements, volunteering in the Child Life, Hospital Support, or Administrative Volunteer Program may not be the best fit for you.

If you answered “yes” to these statement questions, volunteering at SickKids looks like a good fit for you.



### Note

- \*Our volunteer programs do not qualify for academic credit or fulfill course requirements. For those seeking student placement opportunities, we invite you to explore the [Health Discipline Learners](#) and [Becoming a Research Student or Fellow](#) sites for more information. We appreciate your interest and encourage you to pursue these alternative paths for academic advancement.